

Adult Social Care and Health Overview and Scrutiny Committee

3rd July 2019

Drugs and Alcohol Services Update

1. Recommendations:

That the Committee:

- 1.1 Receives and reviews the updates provided in relation to drugs and alcohol.
- 1.2 Seeks to promote the services commissioned for drugs and alcohol to constituents.
- 1.3 Considers the frequency of any further updates to the Committee.

2.0 Background:

- 2.1 In 2017 Warwickshire County Council embarked on a review and redesign of the commissioned services for drugs and alcohol services. This was based on changes in prevalence levels and needs, new and emerging substance misuse patterns and an increase in complex, co-existing issues.
- 2.2 Informed by a comprehensive assessment of need which involved stakeholder engagement and consultation with users and their families, a new delivery model emerged, focusing on prevention, wellbeing and sustainable recovery. This was followed by a procurement process that culminated in the award of new contracts and redesigned services. These services were embedded under the concept of 'Warwickshire Pathways' which sought to offer an integrated approach to drugs and alcohol services and was launched in May 2018.
- 2.3 On the 11th July 2018, the Adult Social Care and Health Overview and Scrutiny Committee received an overview on these redesigned services. The Committee requested that a further update be provided after 12 months.

3.0 Scene Setting – An Overview of Drugs and Alcohol Prevalence in Warwickshire

- 3.1 The information within this section comes from a number of nationally recognised and validated sources and for the purposes of this report is outlined separately between the categories of 'Drug' and 'Alcohol'. It does not

correlate to the period of time the current drugs and alcohol service providers have been delivering their services, as it is based on detail recorded prior to their contract starting. Current Information Disclosure Guidelines prohibit the use of the most recent data.

3.2 Drug Prevalence:

- 3.2.1 The 2016/17 local prevalence estimates for those aged between 15 and 64 highlighted that the estimated number of Opiate and/or Crack users (OCU) in Warwickshire was 1,839 ; representing a rate of 5.2 per 1,000 population. This is lower than the national prevalence rate of 8.9 per 1,000.
- 3.2.2 The level of unmet need in Warwickshire is estimated to be 54% for OCU which is above the national level of approximately 52%.
- 3.2.3 In 2017/18 the number of people in drug treatment was 1,290 of which 74% were male and 26% female; 87% of new presentations during this year were White British.
- 3.2.4 45% of adults who entered treatment in 2017/18 were identified as having a mental health treatment need which is above the national level figure of 41%. 74% of those in treatment who were identified as having a mental health treatment need were receiving treatment for their mental health; this is higher than national figure of 71%.
- 3.2.5 The self-reported employment status at the start of treatment, highlighted that 26% of new presentations in 2017/18 were in regular employment was - above the national level of 22%.
- 3.2.6 The length of time in treatment during 2017/18 was variable, with 54% of opiate clients in treatment for less than two years compared to 48% nationally. The proportion of opiate clients in treatment for six years or more is 22% which is lower than the national level of 27%.
- 3.2.7 For non-opiate clients, 1% were in treatment for two or more years compared to 3% nationally. For non-opiate and alcohol, the figure was 2% in treatment two years or more, compared to a national figure of 3%.
- 3.2.8 The number of successful completions as a proportion of the total number of people in treatment was 15.5% for Warwickshire, mirroring the national level of 14.8%
- 3.2.9 The proportion of those who successfully completed treatment and did not re-present within six months equated to 8.4% of opiate users and 37.7% for non-opiate users. This was better than the national level of 6.5% and 36.9% respectively.

3.3 Alcohol Prevalence Overview

- 3.3.1 During 2017/18, 729 clients were in alcohol treatment; 60% were male and 40% female.
- 3.3.2 The greatest proportion of adults were aged between 40 – 59, with 58% of clients in this aged group, mirroring national trends. 90% of new presentations to alcohol services were White, British.
- 3.3.3 It was reported that 41% of those entering treatment were identified as having a mental health treatment need; this reflects the national trend.
- 3.3.4 The number of people in regular employment was 42%, above the national level of 32%.
- 3.3.5 For Warwickshire, the average number of days spend in treatment was 218, above the national figure of 190 days.
- 3.3.6 Rates of abstinence for alcohol users in treatment in Warwickshire stood at 46%, less than the national proportion of 51%
- 3.3.7 For Hospital admissions for alcohol **related** conditions. There were 610 per 100,000 population in Warwickshire, compared to the national rate of 632 per 100,000
- 3.3.8 For Hospital admissions for alcohol **specific** conditions. There were 432 per 100,000 population in Warwickshire, compared to the national rate of 570 per 100,000

3.4 Impact on Community Safety

- 3.4.1 Drugs and alcohol are identified as two of the key drivers of crime and disorder in the Home Office Modern Crime Prevention Strategy (2016). National data highlights that OCU are responsible for an estimated 45% of acquisitive crime (shoplifting, burglary, vehicle crime and robbery), equating to more than 2,000,000 offences. Around 40% of all violent crimes are alcohol-related, which translates into almost 500,000 violent incidences per year. Drug and alcohol misuse are related to other issues such as child protection, impaired driving, anti-social behaviour and domestic abuse.

To illustrate the local picture, countywide data between April 2018 and March 2019 period is used in the section below.

- 3.4.2 There were a total of 4,610 'violence **with** injury offences', of which 825 were alcohol related, representing 17.9%. The number of drug related offences was 70; representing 1.5% of the total 'violence with injury offences'.

3.4.3 There were a total of 8,852 'violence **without** injury offences', of which 781 were alcohol related, representing 8.8%. Drug related offences equated to 65; representing 0.7 % of the total 'violence without injury offences'.

3.4.4 For Anti-Social Behaviour (ASB) there were a total of 14,094 incidents. 728 of these were related to alcohol, representing 7.2%. No data was available for drug related ASB.

4.0 Services and Providers:

4.1 The Services now provide provision across all ages, offering a whole system approach with an integrated pathway of community based treatment and support. Prevention, wellbeing and sustained recovery are integral to this.

Key elements include:

- Young adults between (18-25) years have a planned and transitional pathway between Children and Young person's services and the adult service.
- Hidden Harm is addressed via an approach to actively prevent intergenerational substance misuse within families.
- Family support offers a range of advice and support to families and friends of people with substance misuse problems.
- Recovery is promoted, supported and sustained by focussing on community based peer and mentor programmes.

4.2 The Services have been developed to allow for synergies between wider engagement across a breadth of strategic and operational partners. Examples of this include links to homelessness, mental health, county drug lines and alcohol related violent crime.

4.3 Commissioned across a number of providers, the Services include:

- **Adult drug and alcohol service**, which includes needle exchange and all age recovery and wellbeing is provided by Change Grow Live (CGL)
- **Children and young people drugs and alcohol service**, delivered by Compass

In addition to this other services commissioned include:

- **Detoxification** – delivered via a framework for inpatient detoxification
- **Rehabilitation** – delivered via a framework for residential rehabilitation; a separate contract also exists with ESH (Experience, Strength, Hope) who provide a new residential facility within the County

- **Supervised consumption and needle exchange** – delivered by Pharmoutcomes

5.0 Updates on Services:

5.1 Adult Drug and Alcohol Service and an all age Well Being and Recovery Network

- 5.1.1 CGL operate countywide across three Service hubs which are based in Leamington, Rugby and Nuneaton. The standard of the accommodation is transforming significantly, with enhancements to buildings either having taken place or planned across each hub. The Nuneaton base changed in early 2019 delivering an improved environment and access to services. Rugby relocated to new premises in 2018 and the existing premises in Leamington will shortly be refurbished. There is a single point of access for adult services that directs the caller to the relevant hub. The website also provides guidance advice and a referral form. www.changegrowlive.org/content/change-grow-live-warwickshire.
- 5.1.2 Close links are maintained with Compass, the children and young people's service provider and a smoother and more appropriate transfer into adult services in accordance with their needs up to the age of 25 years is in place.
- 5.1.3 Family and friends of the individual in treatment are offered and receive their own support and guidance on complex addiction issues. Guidance sessions are provided to help family and friends understand what happens through the treatment cycle, and, armed with this understanding help family members are able to support and sustain those in recovery.
- 5.1.4 Appendix A – '*CGL Highlights for Warwickshire*' provides an overview of positive outcomes for clients and Appendix B '*CGL Case Studies*' outline two experiences of those who have accessed services.

5.2 Children and Young Persons' Drug and Alcohol Service.

- 5.2.1 Compass provide this service with an extended offer to Children and Young People between the ages of 18 and 25 years to ensure that those in need of Adult Services are transferred when this is in the best interests of the individual. Working closely with schools and in local community locations on an outreach, education and learning and development basis, the service offers prevention and early intervention services as well as group sessions for those involved with illicit substances.
- 5.2.2 During 2018/19, around 334 young people across Warwickshire accessed either targeted or specialist interventions. 3628 children and young people received substance misuse awareness group intervention (by way of assemblies, preventative or targeted group work) during 2018-19. The service

has seen a 57% increase in referrals specifically in relation to children being affected by parent/carer substance misuse during 2018-19. 41% of young people accessing specialist treatment were 17 years and older during 2018-19.

5.2.3 Compass priorities for 2019-20 include:

- **Hidden Harm:** engaging with partners to build awareness, Compass will continue to deliver this highly complex intervention type through their specialist knowledge and experience.
- **Family Work/Parent/Carers:** implementing their family offer, specifically in regard to raising parent/carer awareness of substance misuse. Parental engagement events will be offered to all schools where they provide Health Needs Delivery.
- **Community Engagement:** continuing to prioritise the engagement of local communities. The service has engaged with a huge number of children, young people, professionals and localities to promote prevention messages and healthy lifestyle behaviours. The Service will continue to build upon its progress identifying and engaging Youth Health Champions throughout Warwickshire to ensure young people remain central to how the Service is delivered. Young people must co-produce and have voice in the continued accessibility, provision and locality-specific interventions delivered by Compass.
- **Digital Offer:** promoting their website in order to provide children, young people, parent/carers and professionals with a clear and easy way to access information quickly. The website provides a universal access point into the Service either through self-help or self-referral tools. It has been co-produced with young people, who will continue to influence the content and promotional material held on the website so it remains relative, engaging and informative.
- **Police and Crime Commissioners (PCC) :** Compass has been successfully awarded the Warwickshire Police and Crime Commissioner's Children and Young People's Criminal Justice Substance Misuse Service, which launched in April 2019. This will provide Compass with an opportunity to integrate and build upon the partnerships within criminal justice services ensuring young people are able to access Compass services at the earliest opportunity.

5.2.4 Appendix C – '*Case Study –Compass*' provides a specific example of how the provider has delivered their service to support a young person.

5.3 Inpatient detoxification

5.3.1 Inpatient detoxification is offered when community detoxification is not appropriate or achieving the desired outcomes for individuals. An Inpatient

Detoxification supplier framework exists in Warwickshire with the budget maintained by the Commissioner

- 5.3.2 There are currently seven service providers across England on the Framework. Between April 2018 and March 2019, there have been 38 referrals to inpatient detoxification. Generally an in-patient detoxification can be 4-10 days for alcohol and longer for drugs. The placements for residential rehabilitation often follow these placements or community support will resume locally.

5.4 Residential Rehabilitation

- 5.4.1 A framework agreement with over 20 national providers exists which is jointly commissioned between Coventry City Council, Leicester County Council and Warwickshire County Council (with the local budget maintained by each Commissioner). The framework has secured fixed and competitively priced residential rehabilitation services which are provided across England.
- 5.4.2 Individuals are assessed by a Panel before being placed within residential rehabilitation to ensure that all community based options have been considered prior to this being provided. Between April 2018 and March 2019, there have been 34 referred to residential rehabilitation. As a comparison, 40 people received this in 2017/18 and 20 in 2016/17. A mechanism will be established during 2019 to gauge the impact and outcomes of residential rehabilitation on those who access it.
- 5.4.3 Warwickshire has its own local, community-based drug and alcohol rehabilitation service. Supported by a Public Health England Grant, awarded in 2015 and a contribution by Warwickshire County Council, the service was developed and is led by Experience, Strength and Hope (ESH). This service provides a valuable and high standard offer, is Care Quality Commission (CQC) registered and accepts referrals across the country from independent and publicly funded referrals. Testimonies from recent clients can be found on www.eshworks.org.

5.5 Supervised Consumption and Needle Exchange

- 5.5.1 The provision of supervised consumption and needle exchange within community pharmacies has been commissioned across Warwickshire.
- 5.5.2 The supervision of consumption in the community of substitute medications by an appropriate professional, such as a Pharmacist, provides the best guarantee that a medicine is being taken as prescribed and that the client's recovery journey is being monitored. Service users will be referred to appropriate Needle Exchange locations via their drug and alcohol Service Provider.

5.5.3 Accredited providers exist in all localities, with arrangements managed by PharmOutcomes and based on pharmacy accreditation and sign up to the Dynamic Purchasing System (DPS). There are approximately 60 pharmacies currently providing these services across the county.

6.0 Future Opportunities and Challenges

6.1 With the introduction of the Homelessness Reduction Act 2017, and the requirement of all Housing Agencies to facilitate and support the reduction of homelessness, a new partnership arrangement is developing that seeks to address the multiple needs that those who are homeless experience. A recently formed 'Preventing and Tackling Homelessness' group aims to facilitate greater collaborative working between Housing providers and a range of partner agencies including drug and alcohol practitioners to ensure that support, timely referral and access to treatment can be implemented effectively, with the ambition that more people retain their tenancies.

6.2 Engagement with Community Safety Partnerships, the Reducing Reoffending Board and Serious Organised Crime will be maintained as will collaborative working with the Office of the Police and Crime Commissioner's Office. This is essential to ensure the agreed pathways for individuals into drug and alcohol services are not only focusing on a defined cohort of offenders but are also responsive to vulnerable communities and individuals in need.

6.3 Digital offers for the wider population over the next 12 months will be explored to ensure that discrete advice, support and access to treatment can be offered to all. The approach is directly related to the role of prevention and early intervention.

6.4 The implementation of a 'Dual Diagnosis' policy for those with mental health and drug and alcohol needs will be further developed, this will seek to implement effective pathways of care between and across providers.

7.0 Financial Implications:

7.1 There are no financial implications arising from the report.

Background Papers

1. No background papers

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The report was circulated to the following members prior to publication:

Local Member(s): none

Other members: Councillor Redford, Councillor Golby, Councillor Roodhouse, Councillor Adkins, Councillor Caborn